

Spiritual Frontiers Fellowship
presents

***New Cycles for Self-Discovery and a Rebirthing World ~
Predictions for 2008***

Given what's in store, 2008 could easily become your year of empowerment. It's a year filled with astrological cycles that support soul growth and that offer magical ways to explore inner worlds. You will surely enjoy the scenery as you journey forward into this magnificent year on the horizon.

Our January program with popular Durham astrologer Bernie Ashman will focus on the key astrological cycles in 2008, which reveal new trends that are fast approaching us. He'll show us how these cycles can be used for new opportunities to develop creative power; tell us when these waves of new hope will reach their greatest heights; and help us get ready to ride them forward with renewed energy.

Bernie will interpret the energy running through each month of the year to give us a general sense of the pulse of the month—how each can promise great energy for career, travel, creativity, reflection, love, and spiritual growth. Some cycles overlap and join “at the hip,” fusing the energies of these months together. These sewn-together time periods offer the building blocks to make desired changes in our lives.

As Bernie sees it, the creative forces will surprise all of us in ways we never dreamed possible. There are solid cycles to work under for testing the waters of changing our outer world. The world is about to transform whether we like it or not—and change rarely comes without a little anxiety and stress. But if we stay centered and have a little faith in the forces at work, there are endless possibilities to flourish under the reign of the 2008 skies.

In 1973, after he found (or was found by!) the book *The Astrology of Personality* by Dane Rudyhar in an Atlanta bookstore, Bernie knew that astrology was his calling, and he began studying diligently. By 1976 he had begun building what became a large and faithful practice, consulting face-to-face or by telephone. He now has clients from all over the world, and has widened his scope to include writing, lecturing, teaching, and mentoring. He has published several popular astrology books including *Astrological Games People Play*, *RoadMap to your Future*, and *SignMates*; and he has written the interpretive text for several astrological software programs—such as *Simpaticos* and *Past Life Chart*, both in collaboration with Matrix Software. In late 2001, Llewellyn published *Civilization Under Attack*, which includes a chapter by Bernie, “Psychology of Terrorism.”

“I really love and appreciate my clients,” Bernie says. “I like tuning in to the realities people are living and being a catalyst for their growth and inspiration.”

If we make use of our intuition and are patient with the challenges before us, 2008 can be a year through which we plant new seeds that will sustain us for many years to come.



Bernie Ashman

Thursday, January 3, 2008

**Unitarian Universalist Fellowship
of Raleigh**

3313 Wade Avenue, Raleigh, NC

Admission: \$10;

\$8 seniors & students

Doors Open - 6:45 PM

Meeting - 7:15 PM

Early Meditation - 6:30 PM (free)

Visit us online at www.Spiritual-Frontiers.com.
SFF meets on the first Thursday of every month except July.

Spiritual Frontiers Fellowship

P.O. Box 12773

Raleigh, NC 27605-2773

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Bernie Ashman
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Our Mission

At Spiritual Frontiers Fellowship, our mission is to enhance the spiritual, mystical, and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Within the scope of our mission, we choose speakers who offer a variety of views and philosophies, but SFF does not endorse any speakers' statements or beliefs. You are invited to come with an open mind and depart with all that feels true for you.

Audio Recordings

Recordings of most SFF programs are available; a catalog is available at the Thursday lectures. To order, send \$10 for each copy on a single MP3 CD, \$15 for standard audio CD on 2 disks to:

SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773

Please indicate your preferred format and include your mailing address.

Also from Bernie Ashman**Angel door prizes ~**

A copy of *Signmates: Understanding the Games People Play*

A *Past Life* written report

Early Meditation

Come early for the Healing Meditation. The first few minutes are focused on sending healing Love and Light to Mother Earth and her inhabitants.

Then **Jennifer Conaway** will lead the mediation. As the owner of Your Next Level, Inc., she is a corporate trainer and executive coach, teaching others to achieve phenomenal results in their business and personal lives. Through this training, she identifies a client's areas of strength and those where growth is needed and helps create a plan for progress.

Jennifer also practices Arcing Light, a gentle, feminine healing modality and wants to expand mind, body, and spirit integration into the corporate world. "I have a strong belief in the power of the individual," she says. "My joy is helping individuals achieve a new found sense of self awareness."

Learn more about Jennifer at her website, **YourNextLevel.org**.

The Healing Meditation begins at 6:30 pm in the Ralph Waldo Emerson room. **Please arrive on time** to optimize the energies of the group.

Upcoming Events

February 7, 2008 - **Robin Lynne**

Trance Healing: Releasing Souls Caught Between the Worlds; plus workshop

March 6, 2008 - **Jay Dunbar**

June 5, 2008 - **Psychic & Healing Fair**

Our annual fund-raising event