

Spiritual Frontiers Fellowship
presents
The Divine Healing of Dying

Most of us choose not to think much about that powerful “D” word, dying: it’s sad, it’s scary, and it’s the ultimate unknown. What if, in addition to all of that, it had the potential to be joyful and beautiful? What if it turned out to be the time in our lives when we are most connected to the Divine and filled to the brim with love? Would we be more inclined to ponder it then? This is a talk about dying that will inspire you to think about how you are living.

Tiffany Christensen has lived with dying since she was 6 months old, when she was diagnosed with cystic fibrosis, a genetic illness that primarily affected her lungs. She didn’t really get to vote on pondering her mortality; during the course of two terminal illnesses, she had little choice in the matter. Yet now, after two life-saving lung transplants, she looks forward to the dying she has to do in the future. Join us for a glimpse into her experience as a twice-terminal patient who dared to travel beyond the walls of her spiritual comfort zone and hear her share the peace that came with having “one foot on the other side.”

After a sickly childhood, Tiffany became acquainted with in-patient hospital care when she was 12. At 23, she was placed on the list for a double lung transplant at UNC Memorial Hospital. After a long and difficult 5-year wait, during which her lung function dropped to 18% capacity, she received her first set of donor lungs in April of 2000. In May of 2002, she was diagnosed with chronic rejection, and once again she grew gravely ill. Her lung function dropped to 10% of capacity and she was told she only had months to live.

As her outer body weakened, her inner journey opened and she found unexpected gifts of insight, perspective, humor, and strength. She began to know an inner peace she had never thought possible. Raised in a conservative Christian home, she went seeking a more inclusive spiritual outlook, embracing many traditions from shamanic journeying to Buddhism. Eventually, her road brought her back to her roots with a deep acceptance of her personal worth. Today, she uses all of the various traditions she has explored as her life’s compass.

A series of wonderful and unusual events enabled Tiffany to receive a rarely performed second lung transplant just in the nick of time. After the surgery, she awoke with a clear awareness of being “called” to work with those touched by illness and death. As soon as her recovery allowed, she trained as a hospice volunteer and began developing her talks and workshops.

Since 2005, Tiffany has participated in many speaking events, enjoyed coaching those in the medical maze, and finished her book, *Sick Girl Speaks!* In January of 2008, Sick Girl Speaks Inc. was created and she began working with Project Compassion with a yearlong grant. Throughout 2008, she will lead workshops on patient advocacy, advance directives, and organ and tissue donation. She’ll be published in various newsletters and magazines including Boom!, CF Roundtable, and Airways; and she’ll appear on the popular national NPR radio show, “The People’s Pharmacy.” Duke Continuing Studies will host her workshop, “10 Opportunities of Illness.” These and many other exciting projects are the beginning of a promising new voice in the medical community. Learn more about Tiffany and her work at www.SickGirlSpeaks.com.

Tiffany’s story is for every human who will someday cease to be (that’s all of us!)—a story of dying that will inspire you to find the divine in living each day. After a lifetime of difficulty and victories, this illness warrior has emerged with



Tiffany Christensen

Thursday, April 3, 2008

**Unitarian Universalist Fellowship
of Raleigh**

3313 Wade Avenue, Raleigh, NC

Admission: \$10;

\$8 seniors & students

Doors Open - 6:45 PM

Meeting - 7:15 PM

Early Meditation - 6:30 PM (free)

Spiritual Frontiers Fellowship

P.O. Box 12773

Raleigh, NC 27605-2773

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Tiffany Christensen
The Divine Healing of Dying

www.Spiritual-Frontiers.com

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Our Mission

At Spiritual Frontiers Fellowship, our mission is to enhance the spiritual, mystical, and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Within the scope of our mission, we choose speakers who offer a variety of views and philosophies, but SFF does not endorse any speakers' statements or beliefs. You are invited to come with an open mind and depart with all that feels true for you.

Audio Recordings

Recordings of most SFF programs are available; a catalog is available at the Thursday lectures. To order, send \$10 for each copy on a single MP3 CD, \$15 for standard audio CD on 2 disks to:

SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773
Please indicate your preferred format and include your mailing address.

Tiffany Christensen continued

insight, clarity, and purpose. Through her talks, her book, and the way she lives her life, this "sick girl" is ready to speak! "There are many kinds of healing, and dying is merely one of them," she says. We invite you to listen to her story and allow her journey to inspire you to live your best life.

Angel Door Prize: A hardcopy edition of *Sick Girl Speaks*. Copies of Tiffany's book will also be available for sale.

Early Meditation

Come early for the Healing Meditation. We start out with a mediation of healing for Mother Earth and her inhabitants.

Then **Deborah Gray** will lead us in a transformation mediation that may open you to the opportunity to release blocks and to transmute thoughts and beliefs that no longer serve you. Allow the experience of a deeper awareness of your connections with God, humankind, and the universe. You will be guided to a state of oneness in spirit, allowing you to release those things you are ready to release and receive the gifts of Spirit that you are ready to receive.

Deborah holds a Bachelor of Metaphysical Science, University of Metaphysics; and Bachelor of Criminal Justice, Mount Olive College. She is a Certified Metaphysical Practitioner, a support and spiritual coach, a workshop facilitator, an ordained minister, a prayer team leader, and the prayer chaplain at Unity Church of Raleigh. She helps clients grow spiritually through healing and coaching sessions, meditation CDs, and workshops. Contact Deborah at **DGInTheSpirit@yahoo.com**.

The Healing Meditation begins at 6:30 pm in the Ralph Waldo Emerson room. **Please arrive on time** to optimize the energies of the group.

Upcoming Events

May 1, 2008 - **Susan Reintjes**

Third Eye Open: Unmasking Your True Awareness

June 5, 2008 - **Psychic & Healing Fair**

Our annual fund raising event

July 3, 2008 - **No meeting**

August 7, 2008 - **TBA**