

Spiritual Frontiers Fellowship
presents
**Saturn Opposite Uranus ~
Clash of the Titans**

We are hard-wired with a need to anticipate the future, and the zodiac and solar calendar have long been significant tools in the attempt to do so. With the advent of modern psychological astrology, our gaze extends from the Earth skyward, seeking to unite inner experience with outer experience and thereby replace the notion of "fate" with one of personal empowerment.

Join us in January for our most popular event, the annual forecast for the coming year. Astrologer **Gary Caton** brings us this year's edition, describing the expected effects of the Saturn-Uranus opposition cycle.

Gary P. Caton is an eclectic astrologer based in Asheville, NC. He teaches and consults an international clientele, and is published frequently in astrological journals, including: *The Mountain Astrologer*, *Considerations*, *Horoscope Guide*, *Geocosmic Journal*, and *The International Astrologer*. He publishes a weekly blog outlining astrological current events, as well as a twice-monthly "Goddess Astrology" podcast. Gary speaks frequently at various astrological groups and conferences and was recently one of only 150 astrologers invited to speak at the largest astrology conference in the world, the United Astrology Conference 2008.

The primary astrological influence in 2009 is the opposition of the two titans Saturn and Uranus. Occurring in 45-year cycles—the last one in the 1960s—this alignment is a harbinger of generational struggles for a paradigm shift in the world order. Saturn is primarily cold and depletes energy; Uranus is primarily hot, and excites. When hot and cold meet in nature, we have thunderstorms.

Native Americans believed this interplay brought vitalizing energy from the Sky to the Earth to be used by humans. These oppositions seem to challenge us to develop an awareness that through careful, practical planning, utility and efficiency can be perfected, making possible a progressive, sustainable technological culture and linking individuals to the global community—perhaps even with the infinite cosmos. On a personal level, the biggest challenge of these oppositions may be to keep our balance and avoid getting pulled to one or the other extreme of the polarity. The tendency with an opposition is to embrace one side of the polarity and project the other side onto someone else, which is fine if we are seeking to learn through the process. Growth is inherent in this opposition; avoidance of growth only results in catastrophe!

Gary will also show us how the monthly lunar cycle of which we are all aware is the basic building block for astrological understanding; explain how the opposition is different from other alignments; and suggest how we can harmonize with its essential vibrations.

CDs and DVDs of Gary's previous talks and workshops will be available for sale, with a portion of the proceeds going to support SFF; his Angel door prize will be one the CDs or DVDs or an astrology report to be delivered by email. To learn more about Gary, listen to his free podcast, read your free horoscopes, or claim your free newsletter and free astrology report, visit him at www.DreamAstrologer.com.



Gary P. Caton

Thursday, January 8, 2009

3313 Wade Avenue, Raleigh, NC

Admission: \$10;

\$8 seniors & students

Doors Open - 6:45 PM

Meeting - 7:15 PM

Early Meditation - 6:30 PM (free)

Seasons of the Soul

Saturday workshop ~ January 10

Discover your personal cycle and how it—and you with it!—has evolved since you were born. You'll be guided through the entire cycle and discover the essential qualities of the part of the cycle within which you were born. You'll need to provide your birth date when you register.

When: 10-a.m. - 1 p.m.

Where: TBA

Cost: \$50 in advance; \$60 at the door

For details on the workshop content, go to www.DreamAstrologer.com/Soul-Seasons.

For location, other local details, or to register early, contact Jim Fletcher at Events@Spiritual-Frontiers.com.

Visit us online at www.Spiritual-Frontiers.com.
SFF meets on the first Thursday of every month except July.

Spiritual Frontiers Fellowship

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www.Spiritual-Frontiers.com

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Our Mission

At Spiritual Frontiers Fellowship, our mission is to enhance the spiritual, mystical, and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Within the scope of our mission, we choose speakers who offer a variety of views and philosophies, but SFF does not endorse any speakers' statements or beliefs. You are invited to come with an open mind and depart with all that feels true for you.

Upcoming Events

- February 5, 2009 – **Yellow Horse Man**
The World Beyond Ancient Prophecies
- February 6 & 8 – Private sessions
- February 7 – Saturday workshop
Healing the Hearts Between Man and Woman
- March 5, 2009 – **Kelly S. Jones**
Akashic Records
- April 2, 2009 – **Rev. Dr. Laura Dunham**
*Spiritual Wisdom for a Planet in Peril:
Preparing for 2012 and Beyond*

Also from Gary ~ Private Sessions

Gary looks at the horoscope as your personal key into the mysterious power of the living universe! Treat yourself to a private consultation:

Sessions:

Friday January 9 & Sunday January 11
Three 90-minute appointments each day:
9 a.m., 1 p.m., & 3 p.m.

Fee: \$175

Location: TBA. To schedule an appointment in advance, contact Jim Fletcher at Events@Spiritual-Frontiers.com.

With Gary's professional guidance, you may receive healing and vitalizing insight into your life; he will identify your Guiding Star and help you to follow its journey as it maps out a course for your life. Learn more about this process at www.DreamAstrologer.com/Professional-Services.

New this month ~ a RAFFLE! \$5

Buy a ticket for a chance to win a one-hour massage-and-aromatherapy session—a \$95 value—at **Massage Heights**, a new wellness retreat at Crossroads Plaza in Cary. The prize entitles the winner to discounts on additional services, too. You'll find quality service, a great environment, and lifestyle programs available to make regular massage part of your healthy lifestyle. Learn more at www.MassageHeights.com.

Prizes are donated, and all proceeds from ticket sales go to support SFF. We plan to make this a regular event!

Early Meditation

Come early for the Healing Meditation. The first few minutes are focused on sending healing Love and Light to Mother Earth and her inhabitants. Then enjoy a guided meditation with **Rog Bates**, SFF's new meditations coordinator, in his debut with us. Rog is a stand-up comedian, song writer, and corporate speaker known for his clean, uplifting humor and funny songs about life. He is the author of the book *How To Be Funnier, Happier, Healthier & More Successful*; is President of Carolina Health & Humor Association; and shows corporate clients how to manage stress through humor. Learn more about Rog at his website, www.RogBates.com.

The Healing Meditation begins at 6:30 p.m. in the Ralph Waldo Emerson room. **Please arrive on time** to optimize the energies of the group.